



FP03 FOAM ROLLER - RESISTANCE BAND

Characteristics:

Foam roller:

- Biocompatible silicone: Washable, allergen and biocide-free.
- Massage effect: Features massage bumps.
- Cryotherapy Treatment: May be cooled in a freezer for 90 minutes.

Resistance band:

- Breathable fabric that's pleasant to the touch.
- Wrap-around width for easier use.
- Adjustable elasticity.

One Bilateral size

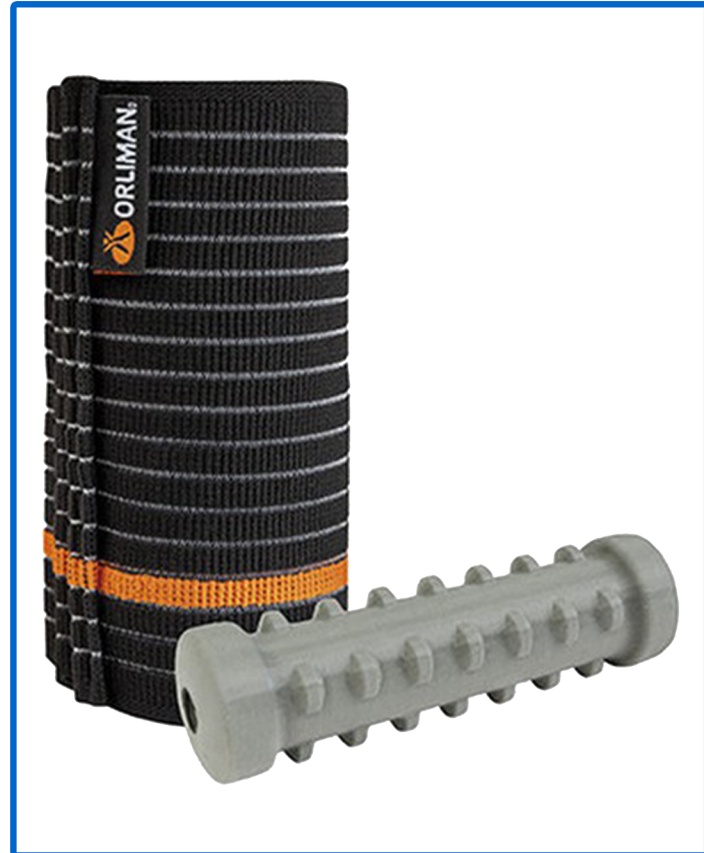
Effects:

Foam roller:

- Using a foam roller massages the plantar fascia to relax it and release tension.

Resistance band:

- The resistance band provides dorsiflexion in the plantar fascia during use. This will help relax the plantar fascia and muscles in the back of the leg and thigh to release tension.



Using the complete treatment with an orthotic device on during the day and at night as well as using the accessories will help improve the quality of the injured tissue for symptom relief.